

Solent u3a Summer Lunch

Arty's, Unit 6b, Weevil Lane, Gosport. PO12 1GL
Wednesday 18th June 2025, 12.30 Noon for 1.00 pm

Starters

Posh Cheese on Toast ☒

Melted Brie & Cured ham on toasted ciabatta, served with red onion chutney

Creamy Garlic Mushrooms ☒ V

Served with ciabatta, balsamic and oil
Also available as Vegetarian Option

Meat Anti pasti Board ☒

Served with ciabatta, balsamic & oil

Prawn & Crayfish Cocktail ☒

With Marie Rose sauce & beetroot bread

Main Courses

Catch Of The Day Fish Pie ☒

Served with tender stem broccoli & peas

Chicken Ballotine ☒

Chicken breast rolled with prosciutto, served with new potatoes, roasted carrots, tender stem broccoli & a white wine and cream sauce

Hummus & Falafel Salad ☒ VG

Mixed leaf, cherry tomatoes, cucumber, red onion, hummus & falafel

Mediterranean Vegetable Quiche V

Served with new potatoes, Salad & Coleslaw

Arty's Burger

Homemade 6oz beef burger in a pretzel bun, with lettuce, tomato & onion. And fries
Also available as Vegetarian Option

Desserts

Chocolate Brownie ☒ V

Served with vanilla ice cream

Vanilla Cheesecake V

Served with cream

Salted Caramel Banoffee Waffle V

Belgium waffle, vanilla ice cream, salted banana caramel, caramelised banana pieces & chocolate sprinkles

Fresh Fruit Salad ☒ VG



Symbols



GLUTEN FREE
OPTION
AVAILABLE



VEGAN



VEGETARIAN

Please circle your menu choices above and return this form with your payment by Thursday 29th May 2025.
Payments by card/cash/cheque can be made at the talks meetings, or cash/cheques can be sent to Events Organisers,
Chris Veck, 67a, St. Annes Grove, Fareham. PO14 1JL or: Fran MacEnri, 33 Castle Street, Portchester. PO16 9PY.

Cheques should be made payable to 'Solent U3A Trust'. Full payment must be made at the time of booking
and is non-refundable unless the place can be re-sold. Tables should be able to seat 8.

Name(s) Please Print

Tel:.....

Email:

I/We would like to sit with:

Special dietary requirements: